

## The True Love Test (for Women)

The following questions can help you determine, **Is He Really in LOVE with You?**

1. How often does he go out of his way for you -physically, emotionally, intellectually?
2. Does he genuinely want to know your true feelings, thoughts, desires & fears, and be impacted by them. I.e.: if you get interrupted while speaking, does he bring you back to your point?
3. Is it his priority that you feel safe, loved and understood?
4. Are your personal needs, wants and desires important to him? ...Equal to his?
5. Is he committed to you expanding your sexual power and enjoying your sex?
6. Does he encourage your ambition, your dreams and push you further towards your personal, professional & emotional development?
7. Does he comfortably talk about his future with you in it? Can you see that future?
8. When he mentions you to others, can you hear pride and reverence in his voice?
9. Is he willing to do whatever it takes to make this relationship work?
10. Would he be proud and excited to have daughter that was just like you?

## The True Love Test (for Men)

The following questions can help you determine, ***Is She Really in LOVE with You?***

1. Does she value & share her inner thoughts, feelings, needs and desires with you? In particular, is she able to bare her vulnerable, open heart when she's in pain?
2. Does she honor your dreams & purpose as admirable and deeply important? Does she see greatness in you & consciously create sacred space for you to do your best work?
3. Does she have the strength & the wherewithal to hold you in your confusion, pain or fear and create a safe place for you to expand and feel loved & supported?
4. Will she risk your 'disapproval' in service of your personal development & the relationship's growth? I.e.: help elucidate blind spots, call you on playing small
5. Is she receptive to hearing your deepest sexual truths, fantasies & expressions, without judging, demeaning or marginalizing them?
6. Does she yearn to liberate you from shame wherever it may lurk or hold you back?
7. Is she willing to develop, grow & create herself as the most extraordinary version of herself, with your support? Does she believe & honor the greatness you see in her?
8. Does her behavior call you to a higher standard of manhood, integrity and beauty?
9. Is she willing to do whatever it takes to make this relationship work?
10. Would she be proud and excited to have a son, who was just like you?